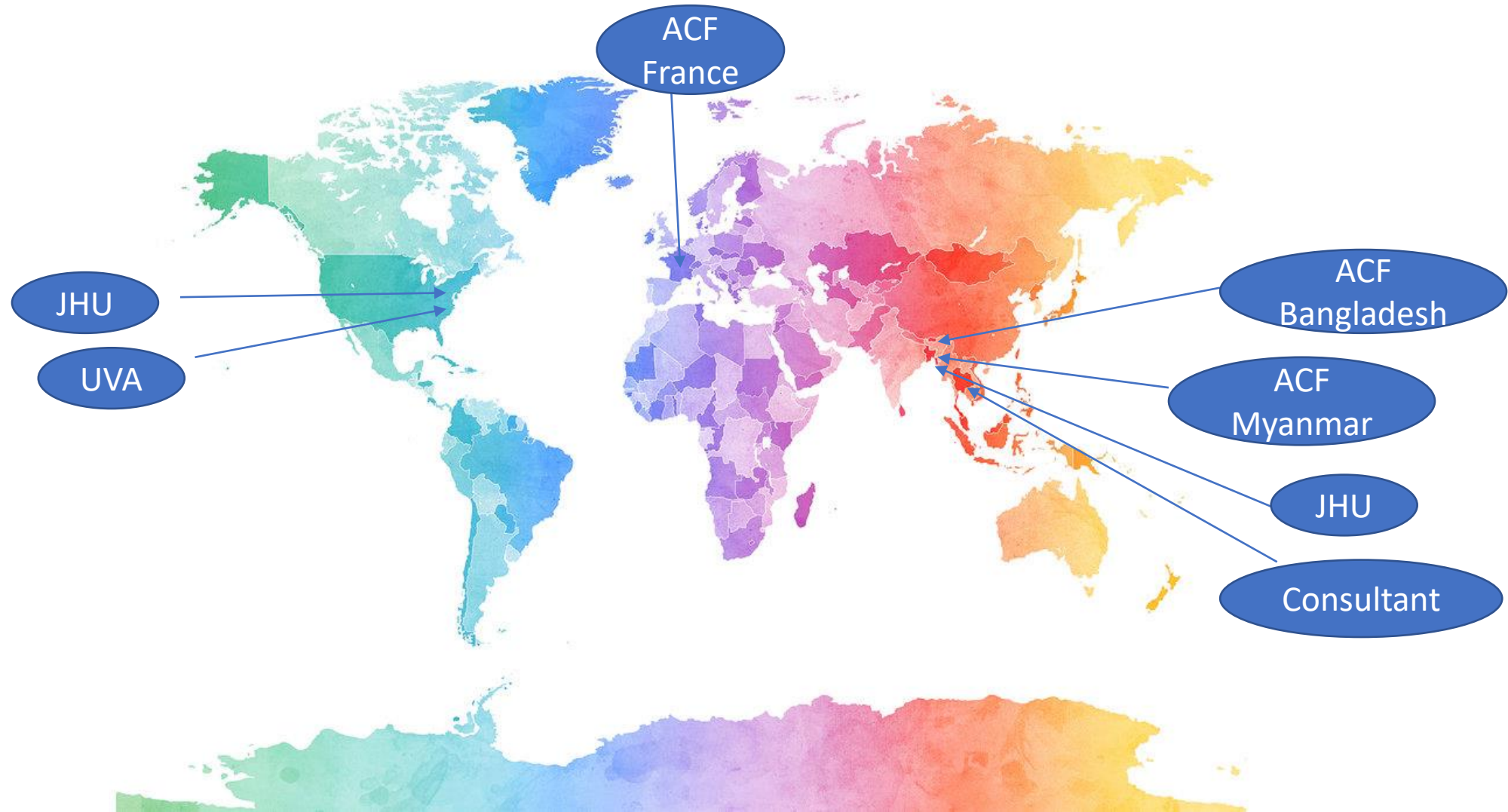


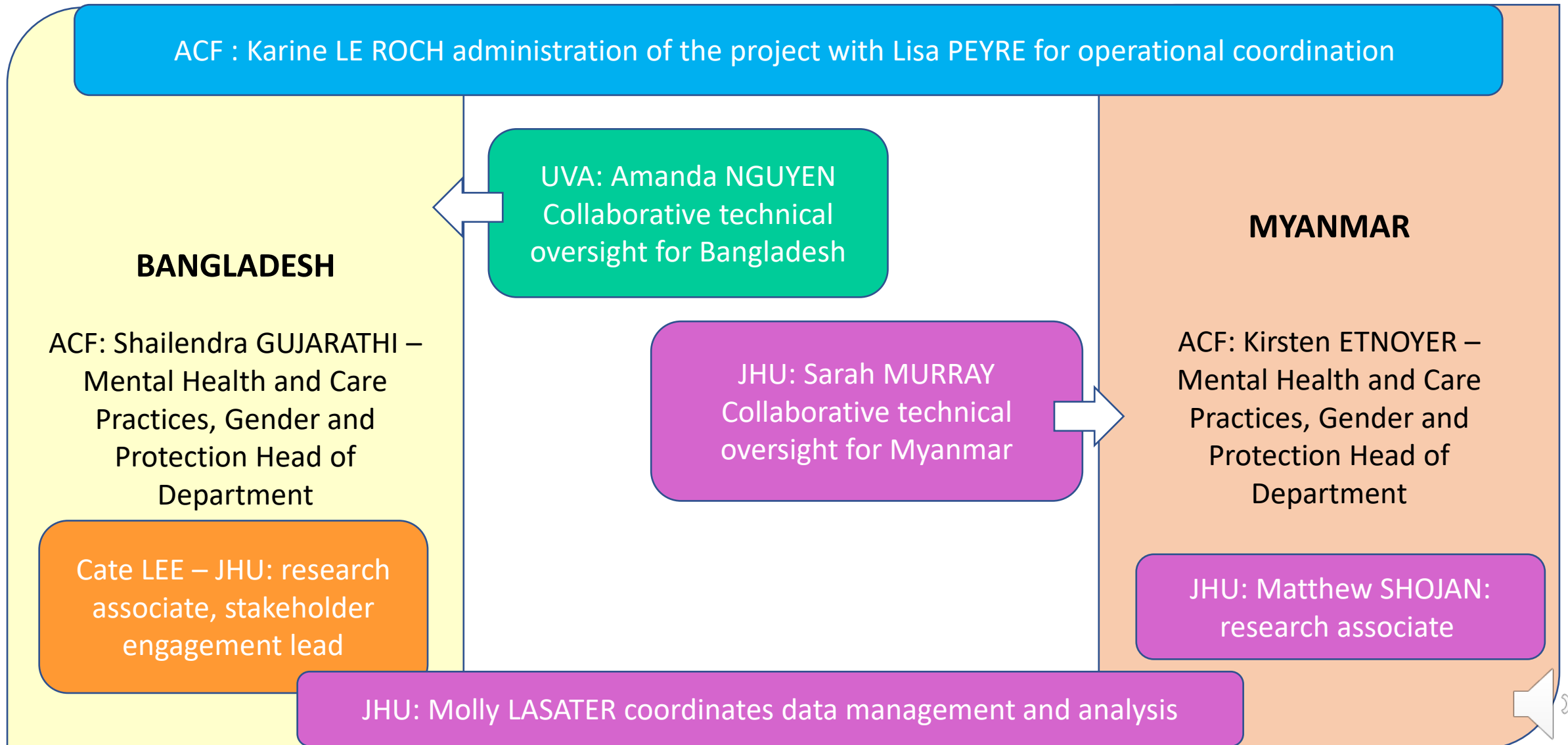
# Scientific Evaluation of the Psychosocial Impacts of Baby Friendly Spaces in Low-Resource Humanitarian Settings



# Partnership introduction: team & institution



# Partnership introduction: partners role



# Setting and population description



- Target population
  - Forcibly displaced Rohingya, specifically pregnant women and caregivers of young children
- Implementation Settings
  - Sittwe Township, Myanmar
    - ~124k displaced Rohingya
    - ACF operates 5 OTP Centers with over 100 new intakes per month
  - Cox's Bazar, Bangladesh
    - ~900k displaced Rohingya
    - ACF operates 18 OTP centers

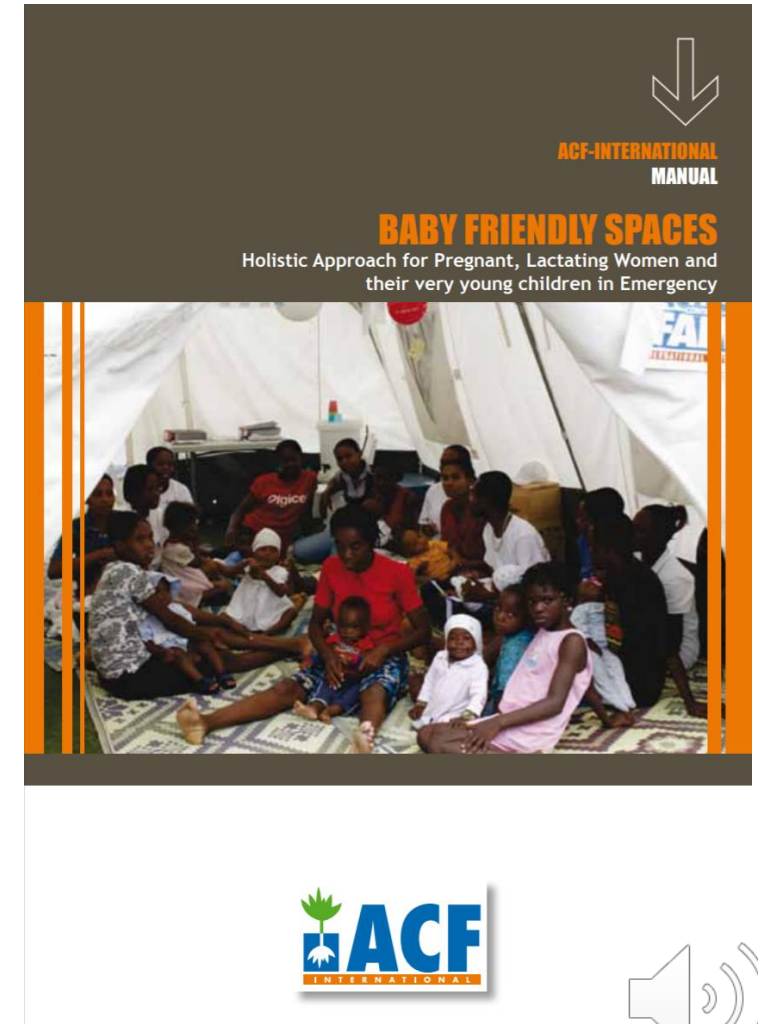
2-setting study → insight into variation in program effectiveness by displacement context



# Intervention: Baby Friendly Spaces (BFS)

Take care of the caregiver in order to support them to take care of the child

- Two Domains:
  - ***psychosocial support*** that targets maternal wellbeing
  - ***childcare practices*** that target caregiver functioning
- Activities
  - Psychoeducation, stress management, assessment, care
  - Counseling for breastfeeding and other feeding practices
  - Hygiene and home health education and promotion
  - Group discussions on parenting skills
  - Mother-child bonding activities



# Intervention implementation plan

## Integrated into ACF's Outpatient Therapeutic feeding Programme (OTP)

### 1:1 Admission Session with Psychosocial Worker

Assess  
Psychosocial  
and Care  
Practice needs

### BFS Activities

Drop in, but weekly attendance is recommended

### Home Visits

As needed for monitoring & follow-up

### Refer to Other Services

As Needed

### 1:1 Discharge Session

Psychosocial  
and care  
practice follow-  
up assessment

**8-12 Weeks**



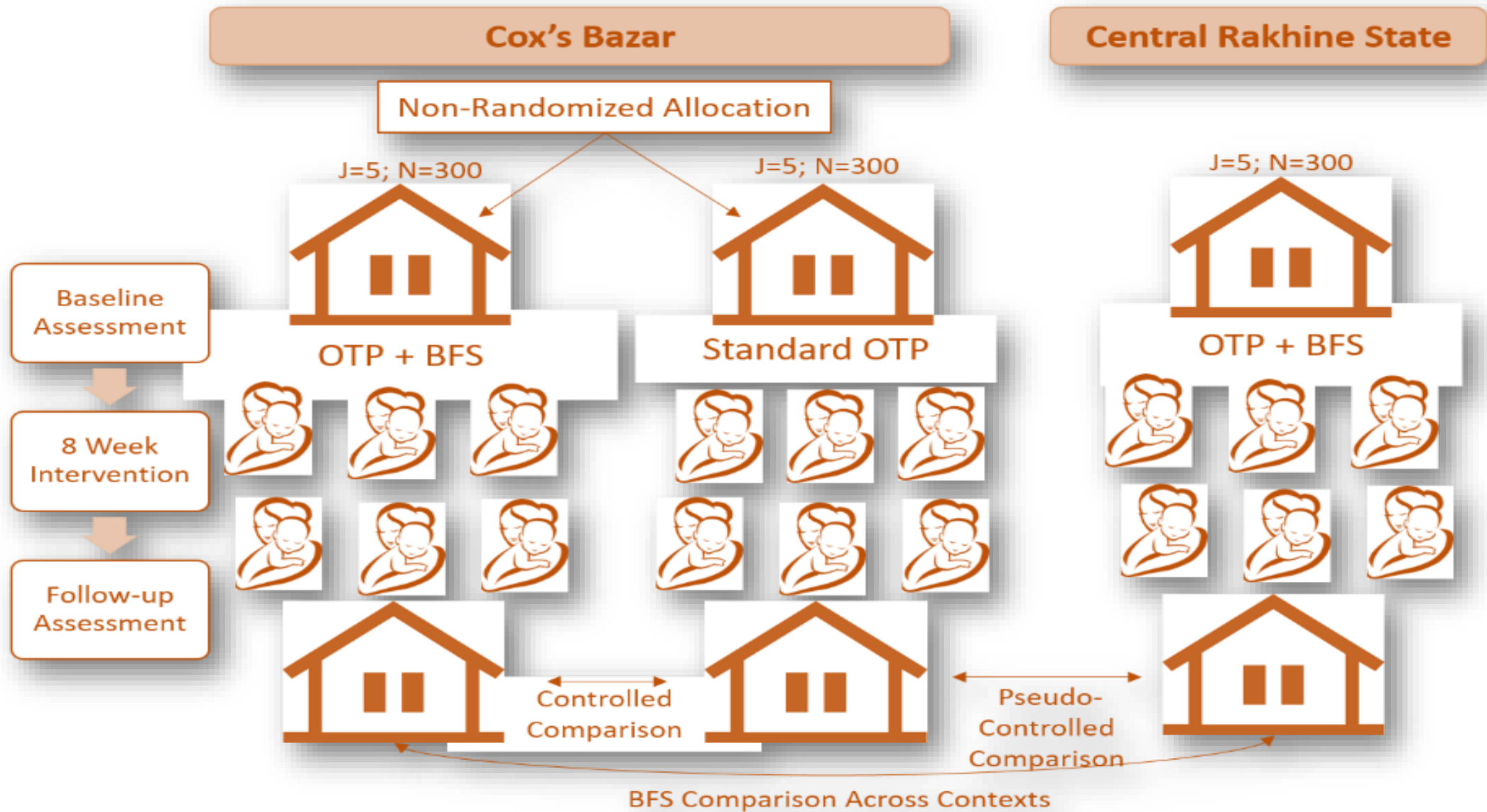
# Study objectives

**Overall Goal: Evaluate the effectiveness of the BFS program for improvement of maternal psychosocial wellbeing among two similar, trauma-affected populations.**

Research Objectives	Research Questions
<b>1. Assess the extent to which BFS participation is associated with improved maternal psychosocial wellbeing and child development outcomes relative to standard nutrition supports.</b>	<ol style="list-style-type: none"><li>1. Does participation in BFS improve maternal psychosocial wellbeing and growth of children admitted in an outpatient therapeutic feeding program?</li><li>2. Does the impact of participation in BFS vary by the context in which it is delivered?</li></ol>
<b>2. Evaluate key implementation factors related to beneficiary outcomes</b>	<ol style="list-style-type: none"><li>1. To what extent is BFS delivered with fidelity?</li><li>2. To what extent do beneficiaries and providers evaluate BFS as acceptable and appropriate?</li><li>3. What improvements could be made to increase intervention feasibility and impact?</li></ol>



# Study design





# Outcomes and methods

Key Questions	Indicator Type	Data source
1. Does participation in BFS improve maternal psychosocial wellbeing and growth of children admitted in an outpatient therapeutic feeding program?	Outcome	Pre- post assessment (functioning, subjective wellbeing, coping, distress)
2. Does the impact of participation in BFS vary by the context in which it is delivered?	Process/ Outcome	Assessments, Program monitoring data, mixed methods implementation interviews
3. To what extent are the programs delivered with fidelity?	Process	Program monitoring data
4. To what extent do beneficiaries and providers evaluate the program as acceptable and appropriate?	Implementation	Qualitative in-depth interviews & JHU Implementation Survey
5. What improvements could be made to increase intervention feasibility and impact in diverse contexts?	Implementation	Qualitative in-depth interviews



# Involvement of stakeholders and linkages to in-country processes

## Community Engagement

Local steering committee

Participatory community meetings

Include members of host communities as well

## Implementer Engagement

MHPSS, Protection, & Nutrition Working Groups

Community Partners International

Dhaka University

## Policy Engagement

Myanmar Ministry of Health & Sports Draft National Mental Health Policy

Bangladesh 2019 National Mental Health Act: Mental Health Strategic Working Group



# Theory of change

## BFS Activities

- Psychosocial care
- Nutrition counseling
- Hygiene/home health education
- Parenting skill building
- Caregiver-child bonding



## Improved:

- Caregiver mental wellbeing
- Caregiver Functioning



## Improved caregiver-child interactions

- Quality
- Quantity



## Improved Child Outcomes

- Psychosocial
- Nutritional



# Thank You!

